



Course Title: **Adult Living Skills**

Description: Adult Living Skills is designed to help prepare students for living on their own after high school. Students develop decision-making skills as they relate to food selection and preparation, clothing selection and care, housing alternatives, and personal financial planning. The intent is to help students understand both the immediate and long-range consequences of the decisions they will be making.  
*Prerequisite: 11-12 grade*

<b><u>Reporting Topic</u></b>	<b><u>Course Level Standards</u></b>	<b><u>Competency Statement</u></b>
<b>Work/Life Balance</b>	<ul style="list-style-type: none"><li>● Apply time management, organizational, and process skills to prioritize tasks and achieve goals. 2.1.1</li></ul>	Students will be able to find balance in their professional and personal lives by managing their time and setting and effectively communicating their boundaries.
<b>College and Careers</b>	<ul style="list-style-type: none"><li>● Analyze how individuals and families make choices to satisfy needs and wants. 2.1.2</li></ul>	Students will identify and consider various post-secondary pathways.
<b>Housing and Healthy Living</b>	<ul style="list-style-type: none"><li>● Analyze decisions about providing safe and nutritious food for individuals and families. 2.1.3</li><li>● Apply consumer skills to decisions about housing, utilities, and furnishings. 2.1.5</li></ul>	Students will be able to select and furnish a living space and create a healthy meal plan for when they live on their own.
<b>Clothing Care</b>	<ul style="list-style-type: none"><li>● Apply consumer skills to providing and maintaining clothing. 2.1.4</li></ul>	Students will be able to demonstrate basic sewing skills for repairing clothing.
<b>Transportation</b>	<ul style="list-style-type: none"><li>● Summarize information about procuring and maintaining health care to meet the needs of individuals and family members. 2.1.6</li><li>● Apply consumer skills to acquire and maintain transportation that meets the needs of individuals and family members. 2.1.8</li></ul>	Students will be able to select a car and consider loan and insurance options.



<b>Personal Finances</b>	<ul style="list-style-type: none"><li>● Evaluate the need for personal and family financial planning. 2.6.1</li><li>● Apply strategies to reduce the risk of consumer fraud. 3.2.5</li><li>● Analyze factors that influence establishing and maintaining a good credit rating and the effect of credit ratings on rates and terms for credit and insurance. 3.3.8</li></ul>	Students will be able to budget their money and make choices now that will positively impact them in the future.
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