



Course Title: Second Grade Physical Education	
Description: The goal of physical education is to develop physically literate individuals who have the knowledge, skills and confidence to enjoy a lifetime of healthful physical activity.	
To pursue a lifetime of healthful physical activity, a physically literate individual: <ul style="list-style-type: none">• Has learned the skills necessary to participate in a variety of physical activities.• Knows the implications and the benefits of involvement in various types of physical activities.• Participates regularly in physical activity.• Is physically fit.• Values physical activity and its contributions to a healthful lifestyle.	
Reporting Topic	Grade Level Standards
<u>Motor Skills and Movement Patterns</u>	<ul style="list-style-type: none">• Skips using a mature pattern. (S1.E1.2)• Dribbles with the feet in general space with control of ball and body. (S1.E18.2)• Uses a continuous running approach and kicks a moving ball, demonstrating 3 of the 5 critical elements of a mature pattern. (S1.E21.2)
<u>Fitness Knowledge</u>	<ul style="list-style-type: none">• Engages actively in physical education class in response to instruction and practice. (S3.E2.2)• Identifies physical activities that contribute to fitness. (S3.E3.2b)• Recognizes the “good health balance” of good nutrition with physical activity. (S3.E6.2)
<u>Responsible Personal and Social Behavior</u>	<ul style="list-style-type: none">• Practices skills with minimal teacher prompting. (S4.E1.2)• Accepts responsibility for class protocols with behavior and performance actions. (S4.E2.2)• Accepts specific corrective feedback from the teacher. (S4.E3.2)• Works independently with others in partner environments. (S4.E4.2)• Recognizes the role of rules and etiquette in teacher-designed physical activities. (S4.E5.2)• Works independently and safely in physical education. (S4.E6.2a)• Works safely with physical education equipment. (S4.E6.2b)