**URBANDALE ELEMENTARY COUNSELING PROGRAM**



**Kindergarten Expectations for Skills for Learning**

**Students will know skills that help them learn (Paying attention, listening, asking questions, and self-encouragement).**

**What you can do at home to help your child**

**Focus Activities**

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| **Listening skills** | **♦ Practice sitting still, using eye contact when listening.**  **♦ Play “Simon Says” to practice following directions.**  **♦ Take your child to the library for storytime to practice listening.**  **♦ Play “21 questions” or the hedbanz game to encourage relevant questioning.** |

Contact your Elementary School Counselor, Danielle Murphy, for more ideas