**URBANDALE ELEMENTARY COUNSELING PROGRAM**



**4th Grade Expectations for Skills for Learning**

**Students will know how to organize their time to manage their day.**

**Students will know how to set a SMART goal; specific, measurable, attainable, relevant, time-bound.**

**What you can do at home to help your child**

|  |  |
| --- | --- |
| **Things That Influence Success** | **♦ Share how effort, luck, ability, or others played a role in a successful situation****♦ Encourage your child to keep a calendar of personal activities.****♦ Encourage your child to do first things first. (Homework before play, etc.)****♦ Tell your child goals you set and what you did to reach them. Encourage them to set goals and discuss a plan for reaching them.** |
| **Learning Styles - Everyone learns in different ways** | **♦ Ask “How do you learn best? What are your strengths in learning?”****♦ Share what your areas of strength are.** |
| **Homework Tips** | **♦ Set up a quiet place, away from distractions, for homework****♦ Agree on time for homework each day****♦ Have materials available (paper, pencils, etc.)****♦ Talk about different ways to study for a test** |

Contact your Elementary School Counselor for more ideas.