**URBANDALE ELEMENTARY COUNSELING PROGRAM**



**3rd Grade Expectations for Skills for Learning**

**Students will know what a priority is; doing the most important things first.**

**Students will know the importance of setting a goal that is measureable.**

**Students will know how to organize their materials to learn. (Planner, backpack, desk or locker--if applicable)**

**What you can do at home to help your child**

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| **Develop a Routine** | **♦ Set routines for homework, bedtime, exercise and good hygiene.**  |
| **Talk and Think Positively** | **♦ Develop a family cheer rap song, etc. using encouraging words.** |
| **Don’t Get Stuck** | **♦ Divide chores and activities into smaller, easy to manage portions.** |
| **Practice to Make Progress** | **♦ Make a practice chart to track progress (homework, chores, sports, music, etc.)****♦ Help your child set short-term goals at home and offer encouragement to reach those goals.** |
| **Organization** | **♦ Check your child’s backpack and planner daily until it becomes a habit.**  |

Contact your Elementary School Counselor for more ideas.