**URBANDALE ELEMENTARY COUNSELING PROGRAM**



**2nd Grade Expectations for Learning About Ethical Behaviors**

**Students will know what bullying is; mean or hurtful behavior that is done on purpose, repeatedly over time, imbalance of power.**

**Students will know different ways to solve a bully problem; Ask them to stop, Walk away, Avoid a bully, Stay with your friends, Use an I-Statement, Report to an adult**

**What you can do at home to help your child**

**Definition of Bullying**

Mean or hurtful behavior

Done on Purpose

Repeated over time

Must have an imbalance of power (target feels scared or uncomfortable)

• Ask your child, “Who are three friends who support you if you are having a problem?”

• Talk about problems your child can solve alone and problems where help is needed.

• Tell your child about a bullying situation you experienced. Explain what you did. Did it work or not?

• Help your child be proactive. Ask your child, “What are three strategies you think would work to solve a bully situation?”

• Who in your neighborhood can your child go to for help?

• Who would your child go to at school if there was a problem?

• When reading a book with your child discuss how the characters solve their problems.

**Contact your Elementary School Counselor for more ideas**