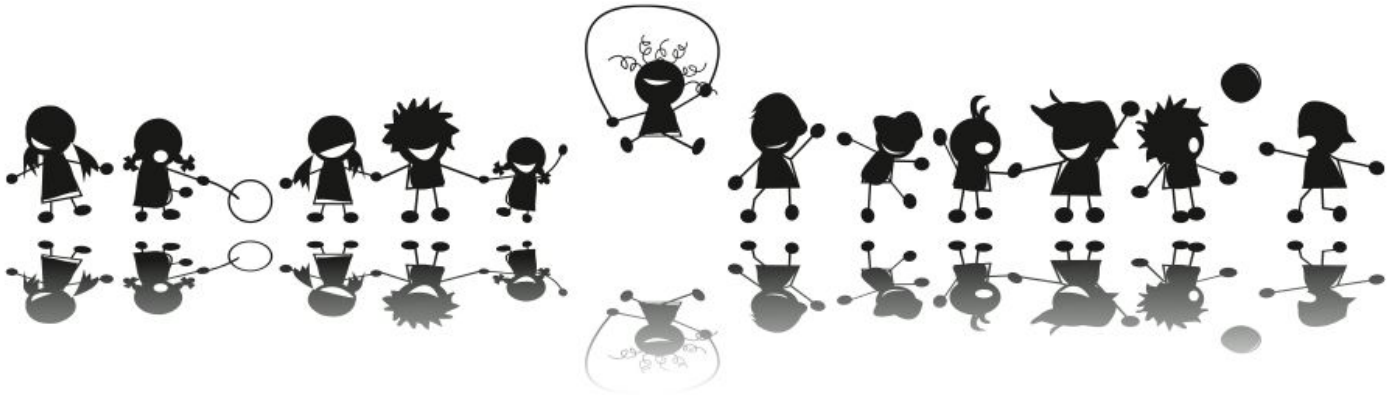


URBANDALE ELEMENTARY COUNSELING PROGRAM



5th Grade Expectations for Interpersonal Skills

Students will know stumbling and building blocks of friendship.

Students will know the importance of each of the problem solving steps.

What you can do at home to help your child

Group Cooperation

Activities:

- Talk about groups or teams that family members belong to. What rules do groups have to encourage cooperation?
- Talk with your child about why it is important to come up with more than one solution to a problem. Taking the time to think through possible solutions and consequences will help your child solve problems in a thoughtful way.

Stumbling Blocks to Relationships

Activities:

- Talk with your child about things that hurt relationships (breaking promises, lying, name-calling).

Building Blocks to Relationships

Activities:

- Talk about what trust really means (being reliable, honest, dependable).
- Discuss who you trust and why (family and/or friends).
- Share how you show trustworthiness.
- Practice trust with a fun activity (blindfold tour of the house; keep a diary for a week, etc.).

Contact your Elementary School Counselor for more ideas