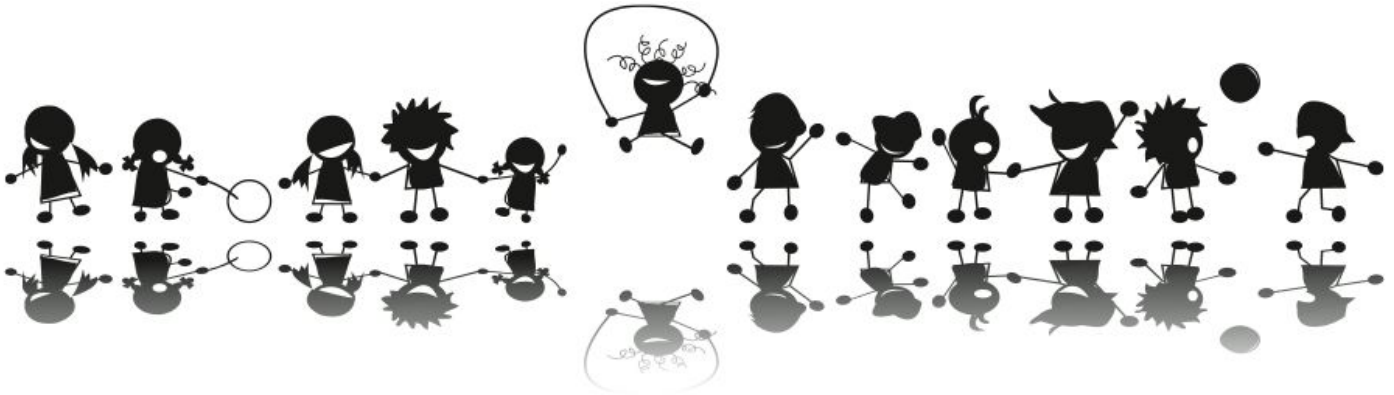


URBANDALE ELEMENTARY COUNSELING PROGRAM



3rd Grade Expectations for Interpersonal Skills

Students will know the qualities of a good friend.

Students will know the steps to follow when solving a problem with a friend. (Stop, Think, Choose)

What you can do at home to help your child

Cooperation and teamwork

Activities:

- Have a family meeting and make a list of how the family can work together as a team.
- Role play stop, think and choose with your child using problems your child has experienced. Stop and calm down, think of 3 options and consequences and choose the best option to solve the problem.

Friendship qualities

Activities:

- Make cards for a friend, thanking them for the friendship qualities they have.
- Family members tell each other the friendship qualities that you see in each other.
- Together with your child make a poster using three words that describe what qualities make me a good friend. Then compare with your child.

Friendship Skills

Activities:

- Practice acting out friendship qualities (offering to help little brother/sister pick up toys, flip a coin to decide who goes first, take turns when choosing a game, etc.)
- Encourage play dates with friends to practice friendship skills.

Contact your Elementary School Counselor for more ideas