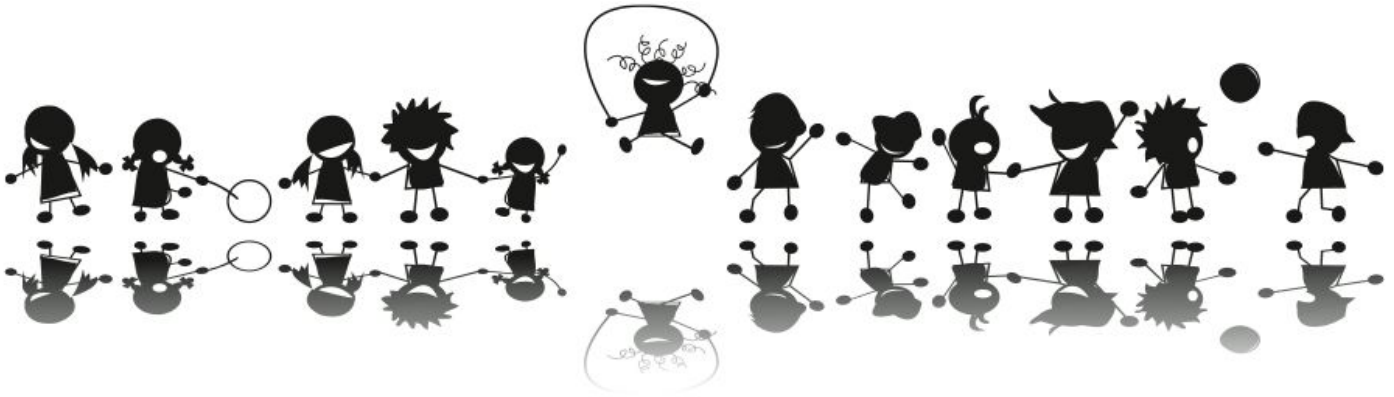


# URBANDALE ELEMENTARY COUNSELING PROGRAM



## 2<sup>nd</sup> Grade Expectations for Interpersonal Skills

Students will know friendship skills. (cooperation, giving compliments, respecting others, accepting differences)

Students will know how to use problem-solving steps.

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### What you can do at home to help your child

#### Cooperation and teamwork

Activities:

- Play a game with your family and practice being good sports.
- Go to the library and find a book about cooperation and teamwork; read it together.
- Point out to your child when you see other kids cooperating.

#### Self Esteem

Activities:

- Family members write or draw good things about themselves and put it in a container. Find a time each week to share what is in the container.

#### Friendship qualities

Activities:

- Ask your child, "What do you think makes you a good friend?"
- Talk about being honest, fair, a good listener, sharing, using friendly words, etc.
- Make a list of things you look for in a friend with your child. Compare lists, talk about which qualities are the same or different and what is most important to each of you.

**Contact your Elementary School Counselor for more ideas**