Contract P.E. students/parents,

Welcome to Contract P.E. 2017-2018. A reminder, first quarter contact P.E. logs are due before 3:30 PM on Friday, October 23. Logs can be turned in to my office located in the North Gym or emailed to [andersons@urbandaleschools.com](mailto:andersons@urbandaleschools.com).

Students are required to complete 2.5 hours each week with parents signing off that the activities are completed. Activities can be anything physically active that is completed outside the regular school day.

Logs can be found at the high school website under pages, or at my high school website. <http://www.urbandaleschools.com/schools/urbandale-high-school/>

If you have any questions, feel free to email me.

Sincerely,

Mr. Anderson